

# SUMMER NEWSLETTER - 2024



Dear All,

I hope you are all getting out and about and enjoying the good weather, when we have it!

We have some new outings coming up, so check out our trips at the end of this newsletter. Give us a call if you fancy attending any of them.

Don't forget, we are always on hand to help, so if you have any concerns, give us a call or drop us an email.



**Jules & Hilary**

Our office opening hours are: **Monday, Tuesday & Thursday, 0930-1130. Wednesday & Friday office hours are subject to change. This will be temporary, but if you want to visit the office, please call first to avoid a wasted journey.**

Tel: **020 8943 3112** (Please leave us a message outside of these times).

Email: [office@tedcare.org.uk](mailto:office@tedcare.org.uk) Website: [www.tedcare.org.uk](http://www.tedcare.org.uk)

Address: 1 Stanley Road, Teddington, TW11 8TP

# Reminder about the switch to digital phones.



BT and other landline providers are going digital by **2025** and we've been asked if we can provide some helpful information. **DON'T ignore any mail from your provider.**

For BT customers they are switching to Digital Voice and here's what they say.

Why are we moving to Digital Voice?

Digital Voice is our next generation home phone service. We're upgrading our network to enable future technologies and to make it easier for you to connect on any device at home or on the go.



**What does this mean for me?**

For most households, upgrading to Digital Voice will have no impact on how you use your phone today.

If you have a health pendant connected to your landline you'll need to speak to your alarm provider before moving to Digital Voice.

Alarm providers are aware of the switch to Digital Voice and have a variety of solutions in place to make sure your services can continue

BT and other providers should contact you and let you know of any changes.

## What if I don't have or want a broadband connection?

Those who currently only have a landline won't be forced to pay for broadband services that they don't want or need. Their digital phone service will work using a special dedicated broadband connection and shouldn't cost any more than what they pay now.

## Shopping Bus



Don't forget we run a shopping bus every Thursday & Friday starting around 0930.

It's a door-to-door service with a small charge of £4 to cover the cost of the bus. The first trip is FREE so why not give it a try. Numbers are growing so a Thursday afternoon bus may be possible if we have enough interest. We also go to Sainsbury the first Thursday of every month.

## A series of useful Talks

**AGE UK Twickenham** have some free 1 hour talks on the following days:



Tuesday 23<sup>rd</sup> July - Healthy Eating & Staying Active - 11:15-12:15

Tuesday 6<sup>th</sup> August - Met Police Scam Prevention - 11:30-12:30

Tuesday 13<sup>th</sup> August - Lasting Power of Attorney - 11:15-12:15

Tuesday 27<sup>th</sup> August - Inheritance Tax & Wills - 11:15-12:15

If you would like to attend, please call Jayne Fanning on 020 8538 9254 or email [jayne.fanning@ageukrichmond.org.uk](mailto:jayne.fanning@ageukrichmond.org.uk)

# Outings and events

**Coffee morning** – Methodist Church

Saturday 20<sup>th</sup> July **1030 - 1230**

Why not catch up with friends for a good old natter.



**Thames Boat trip**

Tuesday 20<sup>th</sup> August **1000 - 1300**

**£20 including transport**

Picking up from 0845 (to be confirmed)

Tea & coffee will be provided, and you can bring along your own sandwich or snacks too. We start at Kington and head towards Molsey.

This trip has limited numbers, so book early to avoid disappointment.



**Back by popular demand.**

**Companion Cycling & a Cuppa,**

**2pm** – Saturday 28<sup>th</sup> September

Picking up from 1pm (**£2 donation**)

LIMITED NUMBERS, so book early to avoid disappointment.

Enjoy a gentle ride through Bushy Park. No need to worry about pedalling, just enjoy the ride.



**Please call the office to book and reserve your space to avoid disappointment.**

**0208 943 3112. Payment will be collected on the day of the outing (cheque or cash).**