

Teddington & Hampton Wick Voluntary Care Group Winter 2022



Dear All

I can't believe it's almost Christmas, I just don't know where the time goes.

It's been a busy year for the office so we're so very grateful to all our volunteers for giving up their time to help out, we certainly wouldn't be able to do it without them.

We'd also like to thank everyone who has given us a donation, they all help keep the Voluntary Group going so they are very much appreciated.

A warm welcome to our lovely new treasurer for the group, Nicky.

We have a few more outings to come so take a look at the back page and give us a call if you fancy coming to any of them.

Wishing you all a very Happy Christmas and a HAPPY NEW YEAR.

Jules, Hilary & Sara



Our office opening hours are: **Monday – Friday** from **0930-1130**
tel: **020 8943 3112** Please leave us a message outside of these times.

www.tedcare.org.uk

Warm Spaces



The cost of living crisis in the UK is resulting in unprecedented pressures on people already struggling, and this winter thousands of people in Richmond will be forced to make tough decisions.

What the council are doing to help

‘We want to do as much as possible to help our residents. Therefore, we are working with our local partners to provide access to a network of Warm Spaces, a group of places where Richmond residents can come together to stay warm’.

‘Some venues will also offer hot drinks, activities and access to other services.’

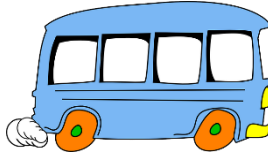
Here is a list of local venues at present:

Hampton Wick Library - Bennet Close, Hampton Wick, KT1 4AT
020 8734 3358 – phone for opening hours

Teddington Library - Waldegrave Road, Teddington, TW11 8NY
020 8734 3304 - phone for opening hours.

More warm spaces may become available in the future.

SHOPPING BUS



Why not try out one of our shopping buses. We have a minibus on a Thursday and Friday that will pick you up from home and take you to Tesco in Teddington to do your own shopping then bring you home after. We'll even carry your bags for you.

We also go to the large Sainsbury's on the first Thursday of the month.

We have a small charge of £4 to cover the hire of the mini bus. If you fancy giving it a go just call the office on 020 8943 3112, first trip is FREE.

Peter & Paul Centre - Formerly St Peter and St Paul Church, Church Road, Teddington, TW11 8PS, hold the following events.

Memory Café

Monthly. Every First & Fourth Tuesday from 1:30 p.m. – 3pm

For those living with memory problems, and their carers. An informal, friendly space, to make new friends and share experiences.

Teddington Community Café

Every Monday from 1:30 p.m. – 4:30pm

A warm welcome awaits and a chance to meet new & familiar faces.
For more information call 020 8977 3330

OUTINGS AND EVENTS

3 course New Year Lunch – The View (was Merits)

Monday 30th January, £20 including transport.

Pick ups from 10:30am



Coffee morning – Methodist Church

Saturday 25th February **1030 – 1200.**

Why not catch up with friends for a good old natter.



Ham House – garden, with a cup of tea - appx £10 inc transport but this is TBC

Wednesday 22nd March – afternoon – time TBC



Normansfield Theatre - Magnificent Music Hall – £25 + £4 transport costs if we need a minibus.

Saturday 22 April – **6:30pm onwards**

A trip down memory lane

Please let us know as soon as possible if you fancy going as we need the money in advance to buy tickets.



REMEMBER: You **MUST** phone the office to book any of our outings. This ensures your name is on the list and will avoid disappointment.

0208 943 3112, Mon-Fri from 0930-1130 or leave us a message.

payment for most outings will be collected on the day (cheque or cash).